

# IN THIS MONTH'S NEWSLETTER:

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# **CHECK OUT OUR FACEBOOK PAGE**

#### **INSPECTIONS**

Apartments are inspected for cleanliness, repairs that may be needed, and for any possible improvements. If you have any questions or problems, they can be discussed during the inspection. We need access to ALL of your windows. Please make sure ALL items are removed from the window area. Please remove all items off the top of your stove and on the burners as well. Call in any work orders before the inspection at 273-4717. Poor housekeeping, missing fire detectors, and any damage beyond ordinary wear and tear are grounds for a failed inspection.

MON	TUE	WED	THU	FRI
		1	2	OFFICE CLOSED
6	7	8	9	10
13	GISH INSPECTIONS	HIL INSPEC	TON CTIONS APT 16-30	17
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WHA BOARD MEETING	28	29	30	31

# **EMAIL LIST**

If you don't already receive our emails and want to, please email Rmeyer@watervliethousing.org with your name and apartment number to be added to our list. We will be able to send you important information about work being done around the sites, community events, and any policy changes being made at the Watervliet Housing Authority. Please be sure the office has all of your contact information up to date in our system including a working phone number, email address, and current license plate number. We need to be able to contact you efficiently. Call the office at 273-4717 to update your information with a staff member.





### **FRUIT FLIES**

They are usually found around overripe or decaying vegetables and fruit. They may also be attracted to bread or other baked goods containing yeast, and to liquids including fruit juice, soda, beer, and vinegar. Spilled milk or ketchup between counter tops are also potential breeding sites. On occasion, you may see one on a moist washcloth or a sponge near the sink or on a floor mop. A simple way to catch fruit flies is to put a small bowl on your counter with 2 tablespoons of white vinegar and 1 tablespoon of dishsoap.

### **WCSD SUMMER MEALS**

The WCSD will be distributing breakfast to students this summer from 8am-10am at the following locations: WHA Administrative Office, Watervliet Elementary School, Watervliet Civic Center & Watervliet Park (between Ted's Fish Fry and Stewarts). Be sure to take advantage of this program!

# **HILTON AND GISH INSPECTIONS**

Please note that due to the COVID-19 pandemic, Hilton inspections have been postponed until July 15th (Apt 1-15) and July 16th (Apt 16-30). GISH inspections will be held on July 14th. Please follow for more information and confirmation on this matter.

# **LAPTOPS FOR GRADUATING SENIORS**

If you have successfully signed up to receive a laptop, you should have received a packet in the mail. If you submitted your paperwork and have not received anything, please contact the WHA Office. More information will be provided soon.

### **WHA OFFICE CLOSED**

The WHA Office will be closed on Friday, July 3rd in observance of Independence Day.

### **FIREWORK ARE PROHIBITED**

As always, under no circumstances, are fireworks permitted on any WHA properties. Any violation of the policy prohibiting fireworks at all WHA/VRV site will result in the beginning of the eviction process. Please keep this in mind as outdoor summer activies continue.

#### **PET WASTE**

Pet owners are responsible for the removal of all waste from any outside common area by placing it in a sealed plastic bag and disposing of it in the appropriate trash receptacle. The pet owner must take adequate precautions to eliminate any pet odors within or around the unit and to maintain the unit in a sanitary condition at all times. Failure to abide by these rules could result in charges to the pet owner.

# **RENT PAYMENT**

Don't forget to write your name and apartment number on your check or money order before dropping off your rent payment. Also, please remember that the WHA office does not accept cash. Thank you!

# **LAWN FURNITURE**

Lawn furniture (picnic tables, etc.), children's playhouses, sandboxes, and all tents must be moved when maintenance mows/weedwacks the lawn. If maintenance has to move these objects in order to mow, you will be charged.

# **CONGRATULATIONS CLASS OF 2020**

Congratulations on your incredible accomplishment! We wish you luck while you take your next step in life. We know that a bright future lies ahead for you.

#### WATERVLIET PUBLIC POOL

On Thursday, June 18th, Mayor Patricelli and the City Council decided not to open the city pool for the 2020 season due to COVID-19.

# **SPLASH PADS**

Instead of having the Watervliet Public Pool open, sprinkler pads are available and will operate from 8:30am-6:00pm. The parks with these splash pads include: 7th Street Park (downtown), Clinton Park (Avenue A) and Brotherhood park (25th street). For further information, call City Hall 518-270-3800 ext. 122.

# **HEALTHY TIPS**

Your food and physical activity choices each day affect your health- how you feel today, tomorrow, and in the future. Suggestions for a healthy diet include: making at least half of your grain consumption whole grains, varying your vegetables, focusing on fruits, getting plenty of calcium rich foods, and going lean with protein!

# **HELP SAVE ENERGY**

Air conditioners are the biggest users of electricity. Save energy by closing outside doors and windows during the hottest periods of the day, when your air conditioner is in use. Closing window shades and drapes often help to reduce the temperature of your home. Be sure to turn off your air conditioner when you are not home or on mildly warm days.

### **BEAT THE HEAT**

Here are some ways to cool down this summer without an air conditioner. Wear loose fitting cotton clothing, preferably of a light color, fill a spray bottle with cold water for a quick refreshing spray to your face after and during being outdoors, store lotion in the refrigerator to use when you are hot and overtired, take frequent baths or showers with cool water, drink plenty of cold water along with sports drinks for a source of electrolytes, eat more cold foods (fruits, salads, etc.) instead of hot meals, and take frequent breaks when you are outside for an extended period of time.

## PROTECT YOURSELF FROM COVID-19

It is important to take the necessary precautions to prevent yourself and others from getting sick. Here are some things you can do to help protect yourself. Wash your hands thoroughly with soap and water for at least 20 secoonds, especially before eating. Avoid close contact with people who are sick and stay at home if you are sick. Avoid touching your eyes, nose and mouth. If you go out, stay at least 6 feet away from others. You must wear a face mask or face covering when social distancing is not possible, especially on public transport, in stores and on crowded sidewalks. Cover your cough or sneeze with a tissue. Always be sure to clean and disinfect frequently touched objects and surfaces inside and outside of your home.

# EMPIRE STATE PLAZA 4TH OF JULY FIRE-WORKS

The annual fireworks that normally take place at the Empire State Plaza in Albany has been postponed due to COVID-19.





# **CRIME STOPPERS**

Capital Region Crime Stoppers is run by an independent board of directors made up of several volunteers who are Capital Region residents. The program is funded by the generous contributions of local businesses, corporations and members of the public. Capital Region Crime Stoppers provides several ways for the public to submit 100% anonymous tips and information to the police- You may call the Capital Region Crime Stoppers hotline at 1-(833)-ALB-TIPS or submit a tip via this link <a href="https://">https://</a> www.p3tips.com/tipform.aspx?ID=990&C=ea1212

# **CONTACT US**

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